



AURA AESTHETIQUE INSTITUTE OF AESTHETIC SCIENCES

Aura Aesthetique Clinic , #133-134 Green Park, Civil Lines, Ludhiana
Tel- 8284999700 (Dr Nitin Sethi) | 9872687200 (Dr J S Kohli)

Teaching and demonstrating is our passion

Intensive Course in Clinical Aesthetics (Duration- 1 week)

**Faculty- Dr Nitin Sethi MS, MCh
Dr J S Kohli MS, MCh
(Guest faculty is also utilized)**

Why Aura Aesthetique Institute

- Experienced and committed faculty who are recognized as experts in their respective fields and have already trained countless aesthetic practitioners.
- Every doctor is given adequate hands-on training and demos.
- Emphasis on teaching which is related to clinical outcomes
- Trainee empowered with innumerable clinical pearls from personal experience
- Established aesthetic centre with all facilities including operation theatre
- More than fifteen high-end laser, laser like and energy devices at the aesthetic centre
- Small batch size
- Support option available for future practice

MODULES FOR TRAINING

Module 1. - Botulinum Toxin (1¹/₂ days)

BASICS

- Applied anatomy
- Toxin structure, types and properties
- Storage, dosage and dilution
- Client assessment
- Injection points including marking
- Combination with other modalities
- Pitfalls & complications
- Ethical & Medicolegal issues

INJECTION TECHNIQUES (BASIC)*

- Forehead lines
- Brow lines
- Crow's feet

INJECTION TECHNIQUES (ADVANCED)*

- Masseter reduction
- Meso Botulinum Toxin
- Hyperhidrosis
- Lower face
- Neck

Module 2- Fillers & Threads (3 days)

BASICS

- Applied anatomy of face
- Types of fillers & their properties
- Precautions & contraindications fillers
- Techniques and points for filler injections (basic)
- Techniques and points for filler injections (advanced)
- Complications of fillers
- Types of threads
- Techniques of thread lift
- Complications of threads

TECHNIQUES*

- Fillers- midface including cheek
- Fillers- Lip and lower face
- Fillers- temple and forehead
- Hyaluronic acid for rejuvenation
- Threads- jawline and neck
- Threads- midface
- Threads- brow

Module 3- Aesthetic Lasers & Energy Devices (2 days)

BASICS

- Applied anatomy and assessment
- Laser physics & tissue interactions
- How to buy a laser machine
- Basic set up of a laser clinic
- Safety, pitfalls & complications
- Lasers- Hair reduction
- Lasers- Fractional & Resurfacing
- Lasers for pigmentation & vascular lesions
- HIFU, Microneedling with Radiofrequency
- IPL

APPLICATIONS*

- Laser Hair Removal (Diode, Alexandrite, IPL, combination Laser)
- Mole removal Carbon-dioxide laser
- Wart removal carbon-dioxide laser
- Scar treatment- fractional carbon-dioxide laser
- Resurfacing skin lesion- Erbium Yag Laser
- LHR- Combination Laser
- LHR- Diode Laser
- LHR- Alexandrite Laser
- LHR- IPL
- LHR- body areas with combination laser
- Epilation of grey hair with radiofrequency
- Excision of mole with surgical radiofrequency
- Removal of skin tags
- Tattoo treatment- Pico laser
- Skin toning- Pico Laser
- Freckles- Q Switched Nd YAG Laser
- Nevus of Ota- Q Switched Nd YAG Laser
- Facial skin toning with non-ablative radiofrequency
- Facial skin toning- Fractional Erbium Yag Laser
- Facial Skin toning- Fractional Carbon Dioxide Laser
- Dermapen
- Combination of Lasers and other devices
- Combination of Lasers and Energy devices with cosmeceuticals.

Module 4- Peeling, PRP and Skin toning (1/2 day)

1. BASICS

- Applied anatomy
- Sunscreens & Cosmeceuticals
- Types of peels
- Peeling Procedure
- Complications of peels
- PRP & Growth factors
- Mesotherapy

2. PROCEDURES*

- Superficial peel
- Medium & Deep peel
- Party peel & Medifacial
- Peel for Acne
- Peel for pigmentation
- Segmental Peels
- PRP face & neck
- PRP scalp
- Demafrac treatment
- Mesotherapy

Disclaimer- Although an effort will be made to demonstrate maximum clinical cases, it is subject to availability of patients, clients and volunteers.

Workshops during the training with hands on:

1. Botox
2. Fillers
3. Skin boosters
4. Threads - double needle & Cog
5. Dermapen4
6. Facetite and necktite
7. Morpheus8
8. Pigmentation
9. PRP
10. Peels
11. Hydrafacial
12. HIFU
13. Laser Hair Reduction

WhatsApp for Next Course Details (+91)82849-99700