



Filatox Institute of Aesthetic Sciences

Teaching and demonstrating is our passion!

Aura Aesthetique Clinic

#133-134 Green Park, Civil Lines, Ludhiana

Tel. & WhatsApp :

+91- 8284999700 (Dr Nitin Sethi)

+91-9872687200 (Dr Jas Kohli)

Next course (17th in the series)

6th April - 12th April, 2026

Intensive Course in Clinical Aesthetics

(Duration- 1 week)

Faculty :

Dr. Nitin Sethi MS, MCh

Dr. Jas Kohli MS, MCh

(Guest faculty may also be utilized)

Why Filatox Institute?

- Experienced and committed faculty who are recognized as experts in their respective fields and have already trained countless aesthetic practitioners.
- Small batch size- Every doctor is given adequate hands-on training and demos.
- Emphasis on teaching which is related to clinical outcomes.
- Trainee empowered with innumerable clinical pearls from personal experience.
- Interactive- Adequate opportunity for clearing doubts.
- Established aesthetic centre with all facilities including operation theatre.
- More than fifteen high-end lasers, laser like and energy devices at the aesthetic centre.
- Support option available for future practice

MODULES FOR TRAINING

Module 1. - Botulinum Toxin (1 day)

BASICS

- Applied anatomy
- Toxin structure, types and properties
- Storage, dosage and dilution
- Client assessment
- Injection points including marking
- Combination with other modalities
- Pitfalls & complications - Ethical & Medicolegal issues

INJECTION TECHNIQUES (BASIC)*

- Forehead lines
- Brow lines
- Crow's feet

INJECTION TECHNIQUES (ADVANCED)*

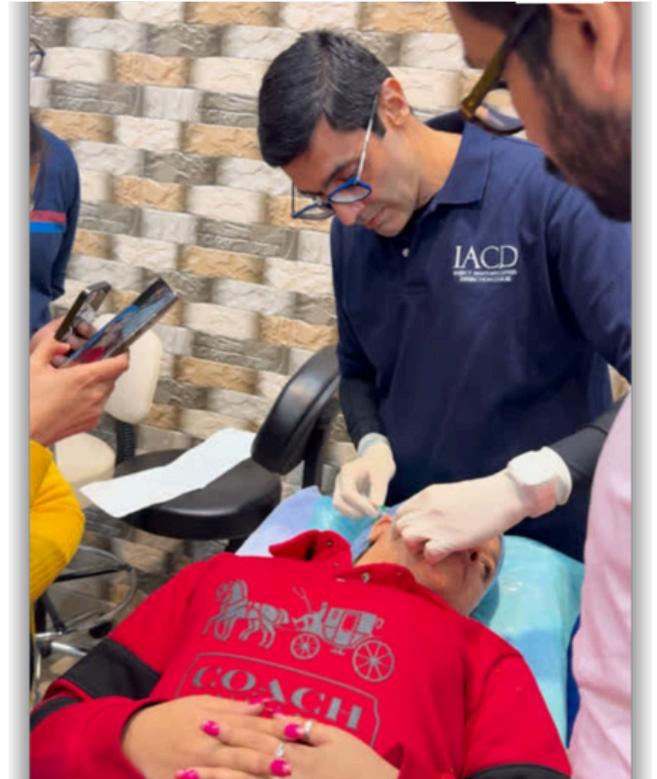
- Masseter reduction
- Meso Botulinum Toxin
- Lower face



Module 2- Fillers & Threads (21/2 days)

BASICS

- Applied anatomy of face
- Types of fillers & their properties
- Precautions & contraindications fillers
- Techniques and points for filler injections (basic)
- Techniques and points for filler injections (advanced)
- Complications of fillers -
Types of threads -
Techniques of thread lift -
Complications of threads



TECHNIQUES*

- Fillers - Midface including cheek
- Fillers - Lower face
- Fillers - Temple
- Hyaluronic acid for rejuvenation - Boosters
- Poly nucleotides and its role in rejuvenation
- Threads - Jawline and neck
- Threads - Midface
- Threads - brow



Module 3- Aesthetic Lasers & Energy Devices (2 days)

BASICS

- Applied anatomy and assessment
- Laser physics & tissue interactions
- How to buy a laser machine
- Basic set up of a laser clinic
- Safety, pitfalls & complications
- Lasers- Hair reduction
- Lasers- Fractional & Resurfacing
- Lasers for pigmentation & vascular lesions
- HIFU, Microneedling with Radiofrequency
- IPL

APPLICATIONS*

- Laser Hair Removal (Diode, Alexandrite, IPL, combination Laser)
- Mole removal
- Scar treatment- fractional carbon-dioxide laser
- Resurfacing skin lesion- Erbium Yag Laser
- LHR- Combination Laser
- LHR- Diode Laser



- LHR- Alexandrite Laser
- LHR- body areas with combination laser
- Epilation of grey hair with radiofrequency
- Excision of mole with surgical radiofrequency
- Removal of skin tags
- Tattoo treatment- Pico laser
- Skin toning- Pico Laser
- Freckles- Q Switched Nd YAG Laser
- Nevus of Ota- Q Switched Nd YAG Laser
- Facial skin toning with non-ablative radiofrequency
- Microneedling with radiofrequency (Morpheus)
- Nevus removal- Erbium Yag Laser
- Facial Skin toning- Fractional Carbon Dioxide Laser
- Dermapen
- Combination of Lasers and other devices
- Combination of Lasers and Energy devices with cosmeceuticals.

Module 4- Peeling, microblading, Dermapen, PRP and Skin toning (1 day)

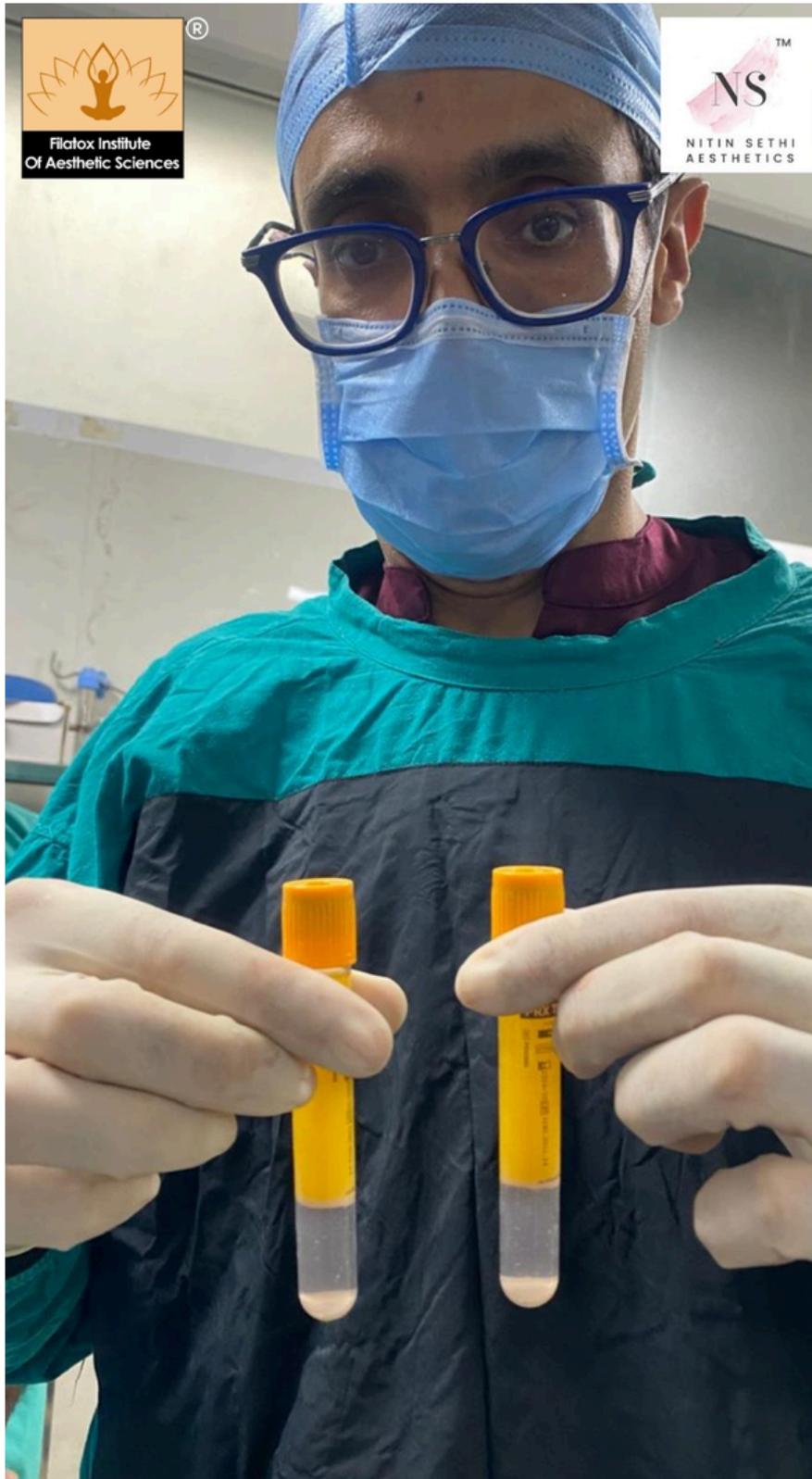
BASICS

- Applied anatomy
- Sunscreens & Cosmeceuticals
- Types of peels
- Peeling Procedure
- Complications of peels
- PRP & Growth factors
- Mesotherapy

PROCEDURES*

- Superficial peel
- Medium & Deep peel
- Party peel & Medifacial
- Peel for Acne Peel for pigmentation
- Segmental
- Peels PRP face & neck
- PRP scalp
- Demafrac treatment
- Microblading treatment
- Mesotherapy Microblading, lip tinting and BB glow treatment

Module 4- Regenerative Medicine (SVF, Lipocube) (1/2 day)



Module 5- Exosome's and their role in regenerative medicine



Disclaimer- Although an effort will made to demonstrate maximum clinical cases, it is subject to availability of patients, clients and volunteers.

Workshops during the training with hands on:

- Botulinum toxin
- Hyaluronic acid fillers
- Skin boosters and polynucleotides
- Threads - double needle & Cog
- Regenerative medicine- SVF
- Microblading
- Micro needling with Exceed
- Facetite and necktite (only for plastic surgeons)
- PRP
- Peels
- Hydra oxy facial
- HIFU Laser
- Hair Reduction
- Pico Laser
- MNRF- Morpheus
- Exosomes hands on workshop

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6th April - 12th April, 2026

Course Fee:

Till 1st Feb 2026- 1,75,000/-

2nd Feb to 15th March 2026 -1,95,000/-

After 15th March -2,00,000/-

Fee is non refundable and non transferable

Bank Details:

- Bank Name- Axis Bank
- Branch- Mall Road Branch Ludhiana
- Account name- Filatox Institute
- Account no- 923020058715202
- Type of account- Current Account
- IFSC Code- UTIB0000042

Registration Policy

7-Day Non-Surgical Aesthetics Workshop

1. Eligibility

- Open to MCh -Plastic Surgery and MD/ DDVL Dermatology specialist and residents .
- Proof of credentials required at the time of registration.

2. Registration Process

- Registration must be completed online through our official website or via authorized representatives. The fees can only be transferred via bank transfer in the details provided in the brochure
- Limited seats available. Registrations are accepted on a first-come, first-served basis.
- A registration is considered confirmed only after full payment is received.

3. Registration Deadline

- All registrations must be completed a week prior to the workshop unless approved by the organizers.

- Late registrations will only be considered if seats are available and at the discretion of the organizer.

4. Workshop Fees & Payment

FULL WORKSHOP FEE	
DATE	PRICE
1 st Feb 2026	INR 1,75,000/-
2 nd Feb - 15 th March 2026	INR 1,95,000/-
After 15 th March 2026	INR 2,00,000/-

Includes free injectables (botulinum toxin, skin boosters and fillers), HIFU shots and threads for hands-on sessions worth around Rs 1,20,000/-). (includes training materials, certification, and refreshments).

- Fee is Non – Refundable and Non - Transferable.
- Remaining balance must be paid before start of the course
- Accepted payment methods: [e.g., bank transfer, credit/debit card].

5. Cancellation & Refund Policy

- Cancellation requests must be submitted in writing via email to [filatoxinstitute@gmail.com].
- Cancellations received

- 21+ days before workshop: Full refund minus deposit.
- 7–20 days before: 50% refund.
- Less than 7 days: No refund.
- In case the workshop is cancelled by the organizer, a full refund will be issued.

6. Substitutions & Transfers

- Registrants may transfer their seat to another eligible individual at no additional cost, provided notice is given at least 7 days before the workshop start date.
- Transfers are subject to organizer approval.

7. Attendance & Certification

- Participants must attend all 7 days and complete all practical and theory components to receive certification.
- Late arrivals or early departures may result in ineligibility for certification.

8. Code of Conduct

- Professional behavior is expected at all times. Disruptive or unethical conduct may lead to removal from the workshop without refund.
- All participants must respect patient privacy, instructor authority, and workshop guidelines.

9. Contact for Inquiries

- For questions or special requests, please contact:

[Dr. Nitin Sethi] [M/s Tiya]

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Website: [www.drnitinsethi.com]